

LEADING WITH A TRAUMA INFORMED LENS

A leadership development programme designed for leaders who want to deepen their understanding of trauma-informed principles and their impact on organisational culture

This fully funded programme supports leaders to build practical skills, reflect on their experiences, and connect with others

Participants will:

- ✓ Understand trauma-informed leadership and know how its principles influence organisational culture
- ✓ Recognise signs of organisational trauma and its effects on individuals and teams
- ✓ Understand how psychological safety can create safe team environments
- ✓ Reflect on their leadership journey to promote self awareness and regulation of self and others
- ✓ Leave with practical tools, strategies, and a clear action plan for implementation

In Person Dates & Locations

22nd Jan 2026 – Lisburn 9:30am 4:00pm
26th March 2026 – Omagh 9:30am 4:00pm
4th June 2026 – Antrim 9:30am–4:00pm

Online Reflective Learning Sessions

2hr session February
2hr session May

For cross sector middle to senior managers committed to embedding trauma-informed leadership in their organisation

Trauma
informed
Leadership



To register your interest please [Click here](#)